I'm Ready: Where Do I Begin?

- Follow local advocacy groups on social media and/or sign up for their emails. Support their calls to action, attend their events, donate, and help spread the word about their efforts.
- Invite friends or colleagues to read a <u>book or article</u> together and meet for a discussion. Conversation starters: (1) What stood out for me was ...
 (2) I felt ... (3) I want to know more about ... (4) The next step I'm committing to is ...
- Support local BIPOC and immigrant owned businesses. Here's a list of <u>highlighted restaurants</u>. Join the <u>Seattle Black Business Directory</u> or the <u>Black Owned Businesses (Washington State</u>) and post your favorite Eastside businesses.
- □ Join the Eastside Equity Advocates Facebook group.
- □ If your group or organization is wondering where to begin, consider using the <u>Racial Justice Assessment Tool</u> from Western States Center as a starting point.
- Take the <u>21-Day Racial Equity Challenge</u> (Michigan League for Public Policy)
- Participate in the <u>National Day of Racial Healing</u>