I’m Ready: Where Do I Begin?

- Follow local advocacy groups on social media and/or sign up for their emails. Support their calls to action, attend their events, donate, and help spread the word about their efforts.

- Invite friends or colleagues to read a book or article together and meet for a discussion. Conversation starters: (1) What stood out for me was … (2) I felt … (3) I want to know more about … (4) The next step I’m committing to is …

- Support local BIPOC and immigrant owned businesses. Here’s a list of highlighted restaurants. Join the Seattle Black Business Directory or the Black Owned Businesses (Washington State) and post your favorite Eastside businesses.

- Join the Eastside Equity Advocates Facebook group.

- If your group or organization is wondering where to begin, consider using the Racial Justice Assessment Tool from Western States Center as a starting point.

- Take the 21-Day Racial Equity Challenge (Michigan League for Public Policy)

- Participate in the National Day of Racial Healing